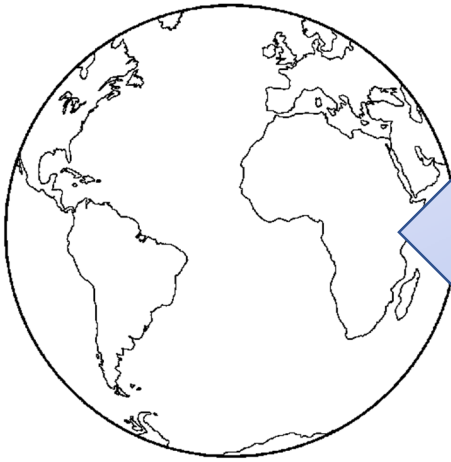


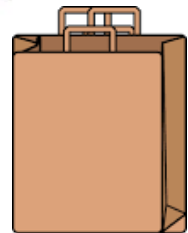
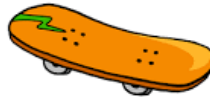


Kindness can be given in many different ways; it can be through words, actions, facial expressions and many other ways. We can receive kindness from other people as well as receive it from others too.



What would the world be like if everyone was kind to each other?

Watch the video 'Pay it Forward'. Can you remember the order of the acts of kindness shown?



How do you feel when someone is kind to you?

T³ O¹ D³ O¹

Who can you show kindness to today?
What will you do?