



There may be many different emotions you are feeling about moving to Secondary. This is normal! There will be times when you are feeling excited, scared, happy, nervous, impatient and so much more!

For each emoji, what emotion is it showing? And are there times when you think about leaving primary school and moving to secondary school, where you feel like this?



I feel like this when ...



I feel like this when ...



I feel like this when ...



I feel like this when ...



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I feel like this when ...



I feel like this when ...



I feel like this when ...



I feel like this when ...



I feel like this when ...



As you think about moving to Secondary School, perhaps you have considered some of the changes that you will might experience - new uniforms, catching a bus, more homework.

As you think about these changes, is there anything that you are worried about? Use this sheet to write any worries you have.





Just as there are things you are worried about, so there are many things to look forward to at Secondary School. What are the top 3 things that you are looking forward to most about Secondary School?

No matter how you feel about your move to Secondary School, you are not alone.

You may have worries, but there's a good chance it will not be as bad as you think! But **DON'T FORGET**, there are good things to look forward to at Secondary School - it may be clubs, lessons, trips or new friends; there is much to look forward to!

