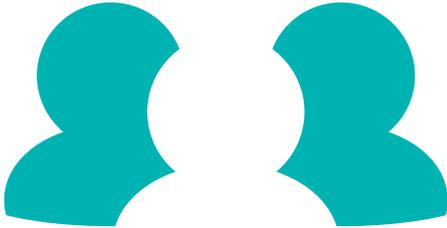




Wycombe
YOUTH
FOR CHRIST

DIGITAL MENTORING

INFORMATION FOR PARENTS, GUARDIANS & CARERS



WHO WE ARE?

We are a dynamic and innovative Christian faith-based charity who have been supporting children and young people for over 35 years. We began mentoring 5 years ago, and come alongside children and young people, offering support and advice; enabling them to grow in identity, confidence and development of life skills and resilience.

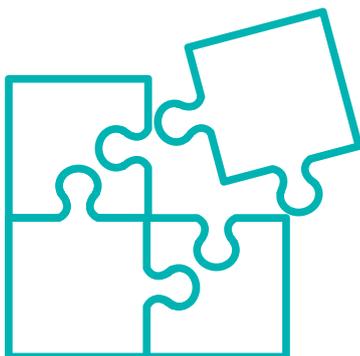
HOW DOES IT WORK?

Our digital 1:1 mentoring sessions are for anyone aged 12-17 years old. They start with sessions once a week for 30 minutes, and they will meet with the same person (a member of the Wycombe YFC Team) each time. We use Zoom for the sessions, and an account is not required; we send a web-link before each session which gives the young person access.



The young person will be able to talk about their life, the things that they are struggling with, and explore ways to overcome the challenges that they may be facing. There will be opportunity to celebrate the successes too!

Our mentoring sessions are free - there is no cost to you or your family. All we ask is that the young person commits to attend the scheduled sessions.



HOW DO WE SIGN UP?

To sign-up you go to our website:

www.wycombeyfc.org.uk/digital-mentoring

You must be the parent or carer for the young person who would like mentoring. Complete the form with them, and we will be in touch with you after submission to discuss the mentoring.

FURTHER INFORMATION ABOUT DIGITAL MENTORING

We're really pleased that you and your child are considering digital mentoring, and our aim is to support the young person through the situations that they may find themselves in; to see them not just survive, but thrive now and into the future. There are some further details which we want you to be aware of as you consider the next step.



PARENTS, GUARDIANS & CARERS

As a parent, guardian or carer, we will be in contact to ensure you are happy for mentoring to happen and discuss the support further.

You will also receive the details of the dates and times of the sessions and will be asked to be in your home whilst your session takes place. We recognise that conversations may become emotional and challenging for the young person, and we want to ensure their safety and wellbeing before, during and after the session. We will ask you to say 'hello' at the start of the session and then leave the room to allow the young person to speak freely.

THE SESSIONS

The sessions will always include opportunity to 'catch up' and review how things are, celebrate successes, and talk about challenges or issues that the young person may be facing.



We will use a variety of resources to help and support the young person. You will be able to find some examples of our resources on our website. We may also use Bible stories as a way of exploring emotions or situations.



CONFIDENTIALITY

The conversations within the sessions remain confidential and are kept private. However, if the young person raises something that the mentor is concerned about, confidentiality will be extended to the Wycombe YFC Director and/or Safeguarding Officer.

For safeguarding reasons, each mentoring session will be recorded. This will be stored securely and confidentially and only used if a safeguarding issue arises, or by the Wycombe YFC Director to review the quality of the mentor's work.

THE FUTURE ... ?

Mentoring sessions are completely voluntary, but we ask that the young person commits for the sessions each week. Initially there will be 4 sessions on a weekly basis, and this will be reviewed after the first month to decide the best way to progress. This may mean sessions continue weekly, or are changed to fortnightly.



If at any point the young person decided that they no longer wish to continue any of the mentoring sessions, and want to end their time with us, please contact the mentor on their email address (which will be provided).



FURTHER QUESTIONS

if you have any further questions about our digital mentoring, please do not hesitate to contact us on the details below. Alternatively you can contact us through our website at:

www.wycombeyfc.org.uk/contact



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