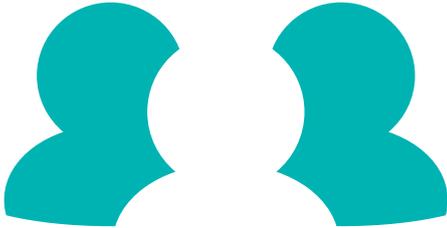




Wycombe
YOUTH
FOR CHRIST

DIGITAL MENTORING

INFORMATION FOR YOUNG PEOPLE



WHO WE ARE?

We are a dynamic and innovative Christian faith-based charity who have been supporting children and young people for over 35 years. We began mentoring 5 years ago, and come alongside young people, offering support and advice; enabling them to grow in identity, confidence and development of life skills and resilience.

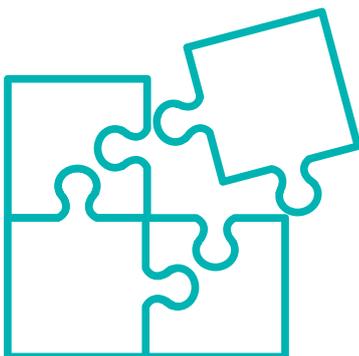
HOW DOES IT WORK?

Our digital 1:1 mentoring sessions are for anyone aged 12-17 years old. They start with sessions once a week for 30 minutes, and you will meet with the same person (a member of the Wycombe YFC Team) each time. We use Zoom for the sessions, and you don't need an account, we send you a weblink before each session which gives you access.



You will be able to talk about your life, the things that you are struggling with, and explore ways to overcome the challenges that you may be facing. There will be opportunity to celebrate the successes too!

Our mentoring sessions are free - there is no cost to you or your family. All we ask is that you commit to attend the sessions.



HOW DO I SIGN UP?

To sign-up you go to our website:

www.wycombeyfc.org.uk/digital-mentoring

Complete the form yourself, including contact details for a parent or guardian, and we will be in touch with you soon!

FURTHER INFORMATION ABOUT DIGITAL MENTORING

We're really pleased that you are considering digital mentoring, and our aim is to support you through the situations that you may find yourself in, to see you not just survive, but thrive now and into the future. There are some further details which we want you to be aware of as you consider the next step.



PARENTS / GUARDIANS

Your parent / guardian will be contacted to ensure they are happy for mentoring to happen.

They will also receive the details of the dates and times of the sessions. They have been asked to be in your home whilst your session takes place as we recognise that conversations may become emotional and challenging, and we want to ensure your safety and wellbeing before, during and after the session. We will ask your parent / guardian to say 'hello' at the start of the session and then leave the room to allow you to speak freely.

THE SESSIONS

On your first mentoring session your mentor will complete a questionnaire with you to help understand how you are feeling and areas that you may be finding challenging. Sessions will always include opportunity to 'catch up' and review how things are, celebrate successes, and talk about challenges or issues you may be facing.



We will use a variety of resources to help and support you; you will be able to find some examples of our resources on our website. We may also use Bible stories as a way of exploring emotions or situations.



CONFIDENTIALITY

The conversations within the sessions remain confidential and are kept private. However, if you raise something that the mentor is concerned will harm you, or someone else, confidentiality will be extended to the Wycombe YFC Director and/or Safeguarding Officer.

For safeguarding reasons, each mentoring session will be recorded. This will be stored securely and confidentially and only used if a safeguarding issue arises, or by the Wycombe YFC Director to review the quality of the mentor's work.

THE FUTURE ... ?

Mentoring sessions are completely voluntary, but we ask that you commit to the sessions each week. Initially there will be 4 sessions on a weekly basis, and this will be reviewed after the first month to decide the best way to progress. This may mean sessions continue weekly, or are changed to fortnightly.



If at any point you decided that you no longer wish to continue any of the mentoring sessions, and want to end your time with us, please contact your mentor on their email address.



FURTHER QUESTIONS

if you have any further questions about our digital mentoring, please do not hesitate to contact us on the details below. Alternatively you can contact us through our website at:

www.wycombeyfc.org.uk/contact



Wycombe
**YOUTH
FOR CHRIST**

109a West Wycombe Road, High Wycombe, Bucks, HP12 3AB

Tel: 01494 522777

Email: office@wycombeyfc.org.uk

Website: www.wycombeyfc.org.uk

Social Media: @WycombeYFC

Charity Number: 1063771