

## Christian Union Planning Sheet

### Theme / Topic

You are ... GOD'S CHILD – Part 2 of the 'You Are ...' 4-part series

### Bible Passage

Romans 8:15 'The spirit you received does not make you a slave, so that you live in fear again. Rather the Spirit you received brought about your adoption to sonship. And by him we cry Abba Father.' (New International Version)

### Time Allocation

30 minutes

### Aim

The children / young people will learn that the Bible says we are adopted into God's family and become His children if we choose to be in relationship with Him.

### Introduction

#### Family Tree

Can you draw your family tree? How many generations can you go back?

Now, looking at your family tree, who in your family are you like, in appearance?

Who are you like in character? Perhaps it's people in your family tree, perhaps there are people that you would consider family that you spend a lot of time with, but you're not related to them?

In John Chapter 1 Verses 12-13, it says '*Yet to all who did receive him, to those who believed in his name, he gave the right to become children of God— children born not of natural descent, nor of human decision or a husband's will, but born of God.*'

Because of Jesus we are all children of God. Just as when we spend time with those around us, we often become like them in character and attitude, so it is that the more we spend time with God, the more we become like Him – in our character and attitudes.

### Teaching

More than simply becoming like God, He is the best father we could ever ask for. Perhaps, for some of us that is really easy to picture, but perhaps, for some of us relating to God as father is tricky. What does that really mean for us? Is God really a good father?

Watch the video 'Vitalise Devotional – You are GOD'S CHILD Pt2of3' together, to hear something of what the Bible says about God as father and us coming to Him as His children.

You can find the video here: <https://www.youtube.com/watch?v=nsZE7pVxTH0>

### Application, Reflection and/or Activity

We can come to God, like a child to his father, to receive blessings, the things we need; to talk to Him about struggles and difficulties and those we see others going through, knowing that this loving father, is always there for us, wants the best for us, is eager to listen to us and willing to help us.

Take a moment now to consider, is there anything you want to come before God for today? Anything that you want to tell Him or ask Him for?

Have some quiet music playing and invite young people to take a couple of minutes to speak to God in the quietness of their hearts.

Bring the time of quiet to a close and remind young people that as children of God, we can come before Him with these things anytime anywhere.

### Memory Verse

Because of the great grace of God, we can approach Him freely and with confidence.

'Let us then approach God's throne of grace with confidence, so that we may receive mercy and find grace to help us in our time of need.' - Hebrews 4:16; NIV

### Resources

Vitalise Video

Pen and paper for creating family trees

Bibles available in case young people would like to look up Bible references