

Learning Goals: To understand:

- Our words and actions impact others
- Emotions associated with how speak and act towards others
- Everyone is valued, and this is recognised by society (including United Nations)

Duration: 30-60 minutes

Assessment Methods: Discussion, Feedback, Activity Sheets

Lesson Structure:

Video: Play Wycombe YFC video starting from 00:00:00 and pause at 00:07:28
This section introduces the learning that our actions and words impact others, and contains a personal example of this.

Activity 1: Discuss together as a class, in pairs, or using the activity sheet to answer the questions 'What emotions do you feel when someone is being kind?' and 'What emotions do you feel when someone is being unkind?' You may wish to gain feedback from individuals or groups.

Conclude the activity by reiterating that it is guaranteed that our actions have an impact on others; that impact can either be positive or negative.

Video: Play Wycombe YFC video starting from 00:07:28 Video and pause at 00:08:26
This section is a brief introduction to the second activity.

Activity 2: Discuss together as a class (or in pairs, or using the activity sheet) to answer the question 'Is it right for people to be unkind and make others feel useless, fearful, sad or hurt?'

Video: Play Wycombe YFC video starting from 00:08:26 Video and pause at 00:12:01
This section explores the belief that everyone is valued, and this is recognised by society, including the United Nations. It concludes by introducing the video 'Pay It Forward'.

Video: Play 'Pay It Forward' Video
This video illustrates the impact that our kind actions have towards others.

Activity 3: As a class, in pairs, or using the activity sheet, is it possible to recall correctly the order in which the acts of kindness happened?
(Answer: Skateboard, Shopping bags, Coins, Wallet, Suitcase, Hotdog, Mobile phone, Flowers, Note money, Glass water)

Activity 4: Discuss together as a class, in pairs, or using the activity sheet to answer the questions 'How can you show kindness to others?' and 'What would the world be like if we all showed kindness to one another?'

Plenary: Conclude the lesson by reiterating that it is guaranteed that our actions have an impact on others; that impact can either be positive or negative. We have the ability to determine the nature of the impact.

Further Development: You may wish to explore further the UN Rights of the Child, enabling the class to create their own for use in the class and/or school. Further details on the topic can be found at:

www.gov.uk/government/publications/united-nations-convention-on-the-rights-of-the-child-uncrc-how-legislation-underpins-implementation-in-england

www.savethechildren.org.uk/what-we-do/childrens-rights/united-nations-convention-of-the-rights-of-the-child