

Most of us will worry about bullying at some point. Bullying should not be tolerated or accepted in any form. It is important to address bullying whether it is in a workplace, school or in a neighbourhood, so that the message is clear - bullying is unacceptable.



Create a dictionary definition for the word 'bullying'.

From listening to the video, what are the key characteristics of bullying?

Which of the following actions would be considered bullying behaviour?

Stealing other people's things

Being called ugly all the time

Hitting someone every lunchtime

Calling people names

Being laughed at

Helping someone

Having a nick-name

Laughing at a funny joke

Writing a note to someone

Playing a game in a group

Having a best friend

Saying 'hi' to someone

Spreading rumours about someone

Being forced to do something you don't want to do

Inviting a best friend over to play

In the video Bart Simpson was being bullied by Nelson after school.  
Lisa told Bart to go and get help and advice from an adult.  
What advice would you give Bart?



What strategies does your school have to help students who feel bullied?

What can we learn from the parable of The Good Samaritan, to help us consider how we treat other people?

If you want further help and advice about bullying, there is a UK charity called BullyingUK which has a variety of resources available. Visit: [www.bullying.co.uk](http://www.bullying.co.uk)

**‘Be kind and compassionate to one another,  
forgiving each other ...’**

The Bible: Ephesians chapter 4 verse 32