

Learning Goals:	To understand: <ul style="list-style-type: none"><li>• Definition of friendship</li><li>• Characteristics associated with positive and negative friendships</li><li>• The importance of making wise choices regarding friendships</li></ul>
Duration:	30-60 minutes
Assessment Methods:	Discussion, Feedback, Activity Sheets

**Lesson Structure:**

Video:	Play Wycombe YFC video starting from 00:00:00 and pause at 00:01:15 This section introduces the topic of friendship, and our need for them.
Activity 1:	Discuss together as a class, in pairs, or using the activity sheet to answer the question 'What is a friend?'. You may wish to gain feedback from individuals or groups.
Video:	Play Wycombe YFC video starting from 00:01:15 and pause at 00:02:30 This section explores the definition of a friend, and introduces the first of two examples of friendship.
Video:	Play 'Slapstick Theatre: David & Jonathan' video This video gives an example of a positive friendship in a difficult context.
Activity 2:	Discuss together as a class, in pairs, or using the activity sheet to answer the questions 'What did you notice about David & Jonathan's friendship?', 'How did they show they were good friends?' and 'What was it like?'. You may wish to gain feedback from individuals or groups.  Aspects of their friendship include: Jonathan making a promise to David; sharing of belongings / giving gifts; not hurting David; warning David about the danger to his life; showing respect and honour; defending each other; helping and keeping safe; showing emotions; sacrificial friendship; working for what was best; time and distance didn't hamper their friendship.  Characteristics of the friendship can include: Trust, respect, honour, help, support, defence, honest, emotional, safety, open, sacrificial, long-lasting, encouraging.
Video:	Play Wycombe YFC video starting from 00:01:15 and pause at 00:04:17 This section introduces the concept that not all friendships are positive; it introduces another example which shows both positive and negative.
Video:	Play 'Shrek & Donkey: Forgiveness' video This video gives an example of characteristic of both positive and negative friendships.
Activity 3:	Discuss together as a class, in pairs, or using the activity sheet to answer the questions 'What elements and characteristics are seen in a positive friendship?' and 'What elements and characteristics are seen in a negative friendship?'. You may wish to gain feedback from individuals or groups.  Characteristics of a positive friendship include unity, listening, consideration, openness, honesty, forgiveness, apologies and truthfulness.  Characteristics of a negative friendship include division, name calling, selfishness, ignoring, mean, insult, lack of appreciation and dominating.
Video:	Play Wycombe YFC video starting from 00:04:17 and pause at 00:07:55 This section explores further the concept that friendships can be positive and negative, and the importance of understanding the difference. It includes a

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personal example of a negative friendship. that not all friendships are positive; it introduces another example which shows both positive and negative.

- Video: Play 'Friendship Soup' video  
This video sets the scene for considering what characteristics create a positive friendship.
- Activity 4: Discuss together as a class, in pairs, or using the activity sheet to answer the questions 'What ingredients would you include in your Friendship Soup recipe?'. You may wish to gain feedback from individuals or groups.
- Video: Play Wycombe YFC video starting from 00:07:55 and pause at 00:13:54  
This section concludes the lesson, with exploring how friendships develop and consideration to quality vs quantity and social media.
- Plenary: Conclude the lesson be reiterating the importance of friendships and choosing them wisely.